



Fitness with Jules

Waiver, Release and Indemnity

You, the participant, acknowledge that there is a risk associated with participation in fitness activities and personal training. Your participation with FitnesswithJules is completely voluntary. You acknowledge that you are assuming all risks of injury to yourself. Please raise any concerns about starting an exercise program with your physician before joining a FitnesswithJules activity. You confirm that you are able to participate in the activities provided by FitnesswithJules. You hereby agree to: (1) waive any and all claims that you may now have or may in the future have against FitnesswithJules, their directors, shareholders, employees, agents, affiliates, administrators, successors, and relatives for any personal injury, property damages, expenses or losses of any kind sustained by you due to any cause whatsoever including, without limitation, Damage caused by negligence or breach of any statutory duty by FitnesswithJules, and you hereby forever release and discharge FitnesswithJules from any such claims; and (2) indemnify and save harmless FitnesswithJules from all claims, demands, causes of action, loss, costs, damages or expenses (including legal fees) that FitnesswithJules may suffer, incur or be liable for in relation to any damage or injury you may cause or suffer in connection with your participation with FitnesswithJules.

Name (Print)

Date: ____/____/____

Signature:
